



# LAUGHTER ON CALL 2022 VIRTUAL SERVICES

At Laughter On Call, our mission is to create connection through shared laughter. We use a unique combination of Improv games and Stand-up prompts to make Happy Hours less awkward, work teams more creative and productive, and teach comedy tools for self-care under stress. With our roots in mental wellness, whether virtual or in-person, our team of compassionate comedians lead engaging and interactive sessions that deliver laughter when you need it most!

Take a look at our services and let us know how we can help you laugh!

***\*\*Ask us about our package deals!***

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## "HAPPIER HOUR"

Want to bring your team together to not talk about work? Have no idea how to get them connecting with each other? LAUGHTER ON CALL to the rescue! Our "Happier Hour" provides a fun structure for virtual socializing that will engage even the most introverted of the group. Great for making new hires feel welcome.

- 45 Minutes
- Two trained LOC comedians per 20 people
- Participants led in a unique combination of Improv games, and Stand-up prompts

**\$850 for 20ppl, \$25 per additional person**

"The Laughter on Call 'Happier Hour' Event was the perfect, virtual team bonding event for our group. We laughed (a lot!) and got to know our coworkers in a fun and relaxed setting, thanks to the hilarious hosts who made everyone feel comfortable!"

*Jillian Bjorn-Caron | Business Recruiter | Wayfair*

## LAUGHTER WORKSHOPS

Interested in a fun way to teach your people how to improve both internal and external communication? These entertaining and educational sessions focus specifically on developing skills like team-building, creating a culture of inclusion, fostering innovation, confidence-building, and active listening.

- 60 minutes
- Two trained LOC comedians per 20 people
- CEO and author Dani Modisett shares 3 specific comedians tools taken from her “L.E.V.I.T.Y.” course
- Participants led in a unique combination of Improv games, and Stand up prompts
- Scope and curriculum customized to your goals, focusing on creating a safe space and a sense of play to free creativity and improve productivity

**\$1,500 for 20ppl, \$25 per additional person**

“My team danced, stretched, laughed, made new mission statements, envisioned perfect places and did I mention laughter? There was a lot of laughter with several of them following up with me afterwards that their jaws hurt in the best way possible.”

*Sheena Merkle | CapitalOne*

## LAUGHTER TRAINING

Taken from Dani’s teaching at UCLA and her book on improving relationships using the tools of comedy, this workshop explores 6 proven tools to help teams communicate with each other better, improve customer/client interactions, and create a culture that is more inclusive, creative, and productive.

- 90 minutes
- Two trained LOC comedians per 20 people
- CEO and author Dani Modisett shares the 6 specific comedians tools from her “L.E.V.I.T.Y.” course
- Participants led in a unique combination of Improv games, and Stand up prompts
- Scope and curriculum customized to your goals, focusing on creating a safe space and a sense of play to free creativity and improve productivity

Training can be customized for Leadership, Sales and/or Healthcare workers and Staff

**\$2,000 for 20ppl, \$40 per additional person**

# LAUGHTER GYM

Designed to be a recurring event, Laughter Gym delivers the experience of heading to the gym for an inspiring work out of the mind and spirit. This session features games to keep your teams sharp and get their synapses firing, focusing on engagement and connection.

- 30 Minutes
- Two trained LOC comedians per 15 people
- Participants led in unique combination of Improv games, and Stand up prompts

**\$600 for 15 ppl, \$25 per additional person**

"It's been a challenging time in so many ways but the 30 minutes our team spent with Laughter on Call made that all melt away. It was so wonderful to see our team smiling and laughing and having fun together. So rejuvenating and spirit-lifting!"

*Deborah Liben | Executive Director, Assistant General Counsel |  
Bristol Myers Squibb*

## PRIVATE EVENTS

From birthday celebrations and going away parties, to anniversaries and more, Laughter On Call is the perfect way to bring people together. We're ready to deliver structure and shared laughter to any significant event you will be hosting!

## HOLIDAY PARTIES

Our signature holiday party "Laughter All the Way" provides a fun setting for entertainment, virtual socializing, and celebrating. Treat your team to some RnR, some LOLs, and ring in the holiday season with laughter.

**Contact us for more information about our customizable events.  
For groups over 100, please inquire directly.**



**HAVE QUESTIONS? CONTACT US! 805-254-HAHA (4242)  
INFO@LAUGHTERONCALL.COM**



# LAUGHTER ON CALL 2022 IN-PERSON/HYBRID SERVICES

At Laughter On Call, we specialize in creating connection through highly interactive laughter workshops. After launching in the healthcare space with the mission of bringing joy and laughter to Alzheimer's patients and families, we developed training programs to help build teams, boost morale and encourage innovation. Using a unique combination of Improv games, stand-up prompts and our proven L.E.V.I.T.Y. acronym, we share key communication tools that foster cultures of inclusion where people look forward to working together.

Our team of experienced, compassionate comedians share their expertise by leading engaging sessions that not only create a laugh out loud experience, but also give your people tools to recreate this mutually gratifying dynamic with their teams and clients.

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## COMPREHENSIVE COMEDY WORKSHOP

We spend 4 hours with your team downloading as much as we can about how to create shared laughter, boost morale, and encourage new ideas. Through a series of interactive games and exercises, we teach simple comedy tools like:

- Active listening as the key to creating laughter and connection
- The art of self-deprecation to humanize as a leader
- Using the element of surprise to keep people engaged
- The effectiveness of "Yes...and" to create together
- Exercises to help "let go of the moment before," to stay present

Your people will leave with a veritable tool belt of ways to create business cultures with a sense of humor. Learning these adjustments will directly address the Great Resignation, mitigate post-pandemic burnout, and boost mental health. We engage everyone in a judgment-free workshop where authentic connections are made and risk-taking is encouraged.

*FEE: Determined by number of participants and location.  
Please inquire: [info@laughteroncall.com](mailto:info@laughteroncall.com)*

## **LAUGHTER TOOLS THAT WORK AT WORK!**

Interested in a fun way to teach your people how to improve communication - both internal and external? These 60-90 minute customized workshops build team confidence, allow for cross-department introductions, and create a warm welcome for new hires. These sessions create an experience of what is possible in an inclusive culture where having a sense of humor is valued.

What it looks like:

- Brief discussion on preconceptions of laughter in the workplace sharing statistics on the positive impact of creating an atmosphere of levity at work. Using PPT, LOC shares specific, proven comedy tools taken from Modisett's UCLA course as a framework for improving all your relationships with shared laughter.
- Participants are led through a low-impact physical and vocal warm-up
- Team members are given the opportunity to put new comedy tools into practice with interactive Improv games and Stand-up prompts customized to your company's goals including but not limited to: creativity, team building, confidence building, better listening, and risk-taking.

*(Number of comedians determined by the number of participants)*

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## **CORPORATE RETREATS!**

LOC is committed to disrupting the typical corporate retreat by using everything we know about the power of shared laughter to team build, develop confidence and encourage mental wellness through connection. We deliver a best-in-class entertainment experience with an eye on mental health. Together we create the ideal session(s) to meet your goals. These could include Improv Class for confidence building, active listening, and creative thinking, Stand-up Class for public speaking, Personal Story Class for better business relationships, and the popular L.E.V.I.T.Y training for leaders - six steps teaching specific tools taken from Modisett's UCLA class for nurturing shared laughter in the workplace helping to create a company culture that is vibrant and inclusive.

Retreats are designed in collaboration with your team to deliver exactly what you are looking to achieve in our time together! Please inquire at [info@laughteroncall.com](mailto:info@laughteroncall.com).

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